



# THE OLD MILL

*at the Islandview Resort*

In 1900 a sawmill was built on the site of the present day Old Mill at Islandview Resort. The sawmill changed hands many times and burned down twice. It was best known as the Johnston Mill and was in operation until the 1940's.

In the early days when steamers ran the lakes, they were pulled up on wooden ways for winter storage and repairs. In 1958 these steamers were stripped of their hardware and burned on the beach. To this day, we still find remaining pieces of these boats.

The staff at the Old Mill hope you enjoy your time spent here in the Kawarthas.

2824 River Avenue  
Young's Point, Ontario K0L 3G0  
705-652-1800  
[www.islandviewresort.ca](http://www.islandviewresort.ca)

# APPETIZERS

## Bruschetta with Feta

Diced tomatoes and onions tossed with fresh herbs. 9.99

## Chicken Quesadillas

Fresh peppers and onions covered in mixed cheese. served between a tomato basil tortilla and garnished with lettuce and bruschetta. 10.99

## Garlic Focaccia Bread

Fresh Focaccia loaf brushed with our tasty garlic butter and toasted to perfection. 7.49

## Avocado Spring Rolls

Fresh avocado wrapped in thin pastry. Served with an Asian inspired Ponzu dipping sauce. 8.99

## Pulled Pork Sliders

Mini soft buns with slow braised tender pulled pork. Each individually topped with two of our signature BBQ sauces. 8.99

## Ocean Appetizer

Prawns, scallops and mussels served in a basil pesto sauce with garlic focaccia. 12.99

## Asian Pork Dumplings

Pork and vegetable stuffed wontons served with a mango chutney. 8.99



# SOUP & SALADS

## Chef's Soup of the Day

Ask your server for today's selection. 3.99

## House Salad

Cucumbers, bell peppers, chick peas, tomatoes & feta on a bed of mixed greens.

Main 8.99 Appetizer 5.99

## Caesar Salad

Fresh Romaine lettuce tossed in a traditional Caesar dressing topped with bacon, parmesan cheese and croutons. Main 8.99 Appetizer 5.99

## Summer Salad

Fresh romaine lettuce, bacon, red onion, toasted almonds, poppy seeds and fresh seasonal fruit. Served with a poppy seed dressing.

Main 8.99 Appetizer 5.99



*Complete any of our salads with your choice of:*

*grilled chicken, prawns or scallops 3.99 sirloin steak or salmon loin 4.99*



## SAWMILL SPECIALTIES

*All served with your choice of fresh cut fries, woodchips, soup or salad.*

### **Steak Sandwich**

Seasoned 6oz sirloin steak cooked to perfection served open-faced on a Vienna bun with sautéed mushrooms & onions. 12.99

### **Lock 27 Burger**

Fresh home style burger topped with a portobello mushroom cap and Swiss cheese. 10.99

### **Old Mill Classic Burger**

Served on a fresh ciabatta with traditional toppings. 9.99

Add bacon 1.00 Add cheese 1.00

### **Mediterranean Shrimp Wrap**

Gulf shrimp combined with Tabouleh and roasted red pepper hummus wrapped in a soft flour tortilla. A fresh, healthy offering with incredible flavour. 9.99

### **Old Mill Club**

Served on a Vienna bun with chicken, bacon, lettuce, tomato, mayo and cheddar cheese. 10.99

### **Seasoned Tilapia Sandwich**

Sautéed tilapia fillet served open faced on a Vienna bun with mayonnaise, cucumber and tomatoes. 9.99

### **Dockside Halibut Sandwich**

Lightly battered halibut filet finished with wasabi cucumber drizzle. 9.99

### **Tuxedo Salmon Sandwich**

Sesame crusted salmon served open faced on a Vienna bun with wasabi drizzle. 10.99

## OLD MILL FAVOURITES

### **Chicken Tenderloins**

Tender chicken fillets served with your choice of fresh cut fries, wood chips or salad. 9.99

### **Chicken Wings**

One dozen dusted wings served with your choice of mild, medium, hot, dry Cajun or honey garlic sauce. 11.99

### **Fish & Chips**

Crisp haddock fillet served with fresh cut fries, tartar sauce and a lemon wedge. 12.99

### **Old Mill Woodchips & Dip**

Basket 4.99

### **Fresh Cut Fries**

Basket 4.99

# ENTRÉES

*All entrees served with jumbo frites and choice of house or Caesar salad.*



## Beef Bourguignon

A classic hearty French dish of slow braised beef and root vegetables in a savoury broth. 14.99

## Northern Pickerel

Fresh pickerel lightly seasoned and shore-fried until tender served with cranberry salsa. A Canadian favourite! 17.99

## Chipotle Mango Chicken

Tender grilled chicken with a southwest inspired chipotle mango seasoning. Served with mango chutney 15.99

## BBQ Pork Back Ribs

Marinated back ribs slow cooked then finished on the grill with our own house bbq sauce, seasonal vegetable and your choice of side. Full Rack 21.99 Half Rack 17.99

# PASTA

*All served with garlic foccacia bread.*



## Salmon Farfalle

Fresh Atlantic salmon seared with bell peppers and dill in a rich garlic cream over a bed of Farfalle pasta. 16.99

## Vegetarian Pesto Pasta

Served with today's selection of fresh vegetables in our own garlicky basil pesto sauce on a bed of whole wheat rotini. 14.99

## Chorizo Sausage Primavera

Spicy Mexican sausage tossed with pasta in a tomato, garlic and onion sauce served on whole wheat rotini. 15.99

## Seafood Trio

Shrimp, scallops and salmon with roasted red peppers and seasonal vegetables in our own garlic white wine sauce served over bowtie pasta. 17.99

# BEVERAGES

Coffee or Tea 2.00

Apple or Orange Juice  
Small 1.75 Large 2.50

2% Milk Small 1.75 Large 2.50

Soft Drinks 2.25

Iced Tea 2.25

Bottled Water 1.00



# THE OLD MILL BREAKFAST MENU

## Sunrise Special

Two eggs any style with your choice of bacon, sausage or peameal.  
Also comes with Old Mill country bread and home fries. 6.99

### Cinnamon French Toast

Golden brown French toast  
dusted with cinnamon. 5.99

### Dockside Omelettes

All of our omelettes are 3 eggs and served with toast  
and home fries. Choose from:

Cheese & Mushroom Omelette 7.99

Vegetarian Omelette 7.99

*Spinach, tomato, onions & mushrooms*

Western Omelette 7.99

*Ham, onion & peppers*

### B.L.T.

Bacon, lettuce and tomato  
served with home fries. 5.99

## BEVERAGES

Coffee or Tea 2.00

Herbal Tea 2.00

Apple, Orange or Tomato Juice  
Small 1.75 Large 2.50

2% or Chocolate Milk Small 1.75 Large 2.50

Soft Drinks 2.25

Iced Tea / Lemonade 2.25

Bottled Water 1.00

## SIDES

Toast & Jam 1.99

Home Fries 3.49

Bacon, Sausage or Peameal 2.50

### Ultimate Breakfast Sandwich

Peameal bacon, fried egg, tomato, lettuce and aged  
Canadian cheddar on foccacia make this the best  
breakfast sandwich around! 6.99

### Breakfast Club

Bacon, lettuce, tomato & egg topped with aged  
cheddar and served with home fries. 5.99

### Western Sandwich

Two eggs, ham, onion & peppers  
served with fries 5.99

## KIDS BREAKFAST

For our guests 12 years old and  
under. All meals served with your  
choice of a small drink 3.99

**French Toast 3.99**

### Sunshine Special

One egg, bacon & toast. 3.99

# KIDS MENU

For our guests 12 years old and under.  
All meals served with fresh cut fries or salad  
(excluding pasta) and come with your choice  
of a small drink and ice cream 6.99



## **Charbroiled 4oz Burger**

4oz patty plain or smothered in cheese

## **Pasta**

Bowties tossed in tomato sauce  
served with garlic bread

## **Grilled Cheese**

Goey & goey, just like mom's!

## **Chicken Tenders**

Served with plum or BBQ sauce for dipping

## **Cheese Pizza**

Smothered with sauce & cheese

